

Desert Neurology
MEDICATION POLICY including controlled substances (CS)

If you are prescribed medications during your treatment, below guidelines must be followed;

Medications given to you should only be taken as prescribed by your doctor, and **not** be used for reasons other than the prescribed reason. Medications NOT to be **given or sold** to any other individual.

Prescription for a specific amount of medication to last a specific length of time will be given. It is the responsibility of the patient or designated caregiver to keep track of medication refills and schedule follow-up appointments far enough in advance to avoid running out of medications.

Requests for medication refills will only be considered during regular office hours (8:00 AM. to 4:30 PM). **No requests for any refills are processed on Friday.**

Request for medication refills should be called-in to your pharmacy who will in turn call our office. **Please allow 48 hours for this process.** If you have not had a follow-up appointment, your refill will need to be reviewed by your provider and may not be refilled until you have been seen again.

For medication refill requests made outside of regular office hours, please go to **Urgent care**. It is up to the discretion of the Urgent Care Physician to refill or not refill your medication including CS.

Controlled Substances (CS) - Effective January 1, 2018

_____CS for pain will be filled for 30 days only. Pain management referral will be made. It is the responsibility of the patient to schedule an appointment and resolve any conflicts with regards to pain management (including but not limited to finding a provider of their choice covered by their insurance) within that time frame. Any future requests for pain medication refill will not be honored.

_____For headache - only medications and CS specific for headache will be used. If your headache is not controlled, you will be referred to a headache specialist. A 14 day supply of CS may be given for acute headache for one time only. It is the responsibility of the patient to schedule an appointment and resolve any conflicts with regards to headache specialist (including but not limited to finding a provider of their choice covered by their insurance) within that time frame. Any future requests for CS refill for headache will not be honored.

_____PMP monitoring will be done on all patients who are prescribed CS. Your provider might request for urine drug screen on an as needed basis to check for CS compliance.

_____For all CS, no new refills or medications will be given if you have not been seen for three (3) months. It is your responsibility to make a follow-up appointment with our office.

_____CS Pick-ups are at the office only. You need to be seen by the Medical Assistant for blood pressure reading and a medical update.

Signing below indicates that you understand and accept the medication policy stated above

Signature: _____ Date: _____

Printed Name: _____